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Winter 1978

Yale Nurse: Yale University School of Nursing Alumnae Association Newsletter, Winter 1978-79

Yale University School of Nursing

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Yale Nurse



Deans I Have Known and Loved
by Jean Barrett

Winter 1978-79

Yale University School of Nursing

ALUMNAE ASSOCIATION

Newsletter



Published three times a year
by the YUSNAA

Margaret J. Cushman
Editor

Please address all communications to
Mrs. Mary C. Colwell, Executive Secretary
Yale School of Nursing
855 Howard Avenue
New Haven, Connecticut 06510

Winter 1978-79

Mary Colwell is helping alumnae to add vigor and meaning to reunions. She adds much to the homelike atmosphere at Y.S.N. Though the building is new to many returning alumnae, the spirit of camaraderie and unity of alumnae has not been lost.

Our gifts to Alumnae Fund, our votes of confidence, validate President Giamatti's observation of "the superb quality of...administration and leadership" in the School of Nursing.

* * * *

During the 1978-79 Alumnae Fund drive, our aim is for 100% participation in each of the classes. How exciting it would be to be able to announce at the Annual Meeting that each person in a particular class, every class, found it possible to say "thanks" and "keep up the good work" to YSN by giving a contribution to the Alumnae Fund. Last year our total YSN contributions were \$37,200 given by 42% of the alumnae. You'll be hearing from your class agents soon - do give her a yes answer and put your class in the "recovered and in good health" category this year. If you are in a reunion class in 1979, check below to see how your class did last year.

Status Report -

Class	# Donors	# Living Members	% Participation
1929	5	11	45%
1934	19	24	79%
1939	17	41	41%
1944	22	49	45%
1949	15	37	41%
1954	18	38	47%
1959	2	11	18%
1964	5	13	38%
1969	6	13	46%
1974	13	38	34%

* * * *

Alumnae Fund Convocation

At Alumnae Fund Convocation on October 6-7, there were 13 YSN representatives who attended the sessions and workshop. It was exciting to hear reports from the new Vice President for Finance and Administration, Jerald Stevens, the new Provost, Abraham Goldstein, and President Giamatti. At the workshop session on Friday afternoon there were discussions with Donna Diers, Marion Gates and Ruth Benedict about YSN and the Fund drive emphasis for the year which is increased participation!

During the dinner at the Commons on that Friday evening, Ruth Benedict was presented an award by the Alumnae Fund officials for her singular service to Yale (see citation next page).

Those others who attended the weekend events were: Evanita Morse '27, Mildred Yale '35, Eleanor Kinney '39, Marjorie Allen '40, Carolyn Myrick '43, Margaret Allman '49, Mary Jane Kennedy '68, Carol Scales '67, Mary Dalbey '57, Tinker Barnett '48, Mary Colwell '50.

From YUSNAA

- Letter from Marion Gates,
Alumnae Fund Chairman

President Giamatti, in his letter to our nursing alumnae, urged us to cast our vote of confidence in the School of Nursing. This theme was underscored by Ruth Benedict at our nursing school workshop during the Class Agent Convocation in New Haven, October 6th.

We do, indeed, have a great deal to be proud of in the accomplishments which have been made by our leaders in the past decade. Donna Diers, in reporting on programs, enrollment, and physical facilities, shows continued vision. The remarkable financial solvency of the nursing school, with the well-planned new facilities, acquired by the rehabilitation of good existing buildings, proves that the dreams of the school are kept in realistic bounds. The Nursing School has been a remarkable example of good management to others at Yale University. Donna clarified, for those in doubt, the fact that The Campaign For Yale is a special, separate fund, to raise much needed capital during a limited period. The Alumnae Fund, in contrast, is on-going and the percentage of giving is tabulated. Therefore, it is of great significance to the school that we each give annually to Alumnae Fund, whatever the amount, in addition to a gift to The Campaign For Yale. You may ask just what the Fund money is used for - and you should ask! All our Alumnae Association business and activities which we all enjoy are covered by your contributions: i.e. salary of Executive Secretary, the YALE NURSE, alumnae mailings, some expenses involved with regional meetings, and travel expenses for speakers, the June alumnae weekend including Alumnae College. Also this past year, other Alumnae Fund monies which are in the Dean's Discretionary Fund were used for travel for faculty recruitment, student recruitment committee expenses, purchase of a much needed memory typewriter, and some furniture.



- picture taken by Josh Levine

Alumnae attending the Saturday morning session. Top: Mary Dalbey '57; 3rd Row: Isabel Thompson, a guest, Evanita Morse '27, Marjorie Allen '40, Carol Scales '67, Mary Jane Kennedy '68; 2nd Row: Mary Colwell '50, Eleanor Kinney '39, Mildred Yale '35; 1st Row: "Tinker" Barnett '48, Marion Gates '48, Ruth Benedict '48.

Chairman's Award

Ruth L. Benedict, 1948 M.N.

"Ruth's commitment to Yale University has been both steadfast and multifarious. She was a member of the founding Board of the Association of Yale Alumni, and also served on its first Board of Governors. For the past five years she has worked diligently as the Vice Chairman for the Graduate and Professional Schools of the Yale Alumni Fund, often the lone voice affirming the needs of a group that represents well over half of all the University's alumni. With her insight, energy and enthusiasm, she brought unprecedented growth to the Graduate and Professional School Funds. During her tenure as Vice Chairman, the total giving for all Graduate and Professionals has grown from \$742,000 to \$1,244,000.

In recognition of her prodigious service to the University, and particularly to the Alumni Fund, this Award is presented to Ruth with special gratitude for her singular service to Yale."

Requests for Transcripts

Mail request with \$2 for each copy to:

Office of Student Affairs
Yale School of Nursing
855 Howard Avenue
New Haven, Connecticut 06520

From The Dean

If you've followed the Yale Alumni Magazine, you know that Yale has a whole new administration. Some personal vignettes and impressions:

the inauguration of the President. So literate, so colorful, so Yale. The long procession of deans and faculty, stretching two by two back four blocks around the Cross Campus, mostly black gowned with only the colored hoods for accent. The Yale Chorus, singing a cappella an original version of verses from Spenser's *Fairae Queen* (President Giamatti's intellectual specialty and personal choice).

the Yale Alumni Magazine's delicious articles on the new President, Provost, Vice President for Finance and Administration and others. For once, the women were treated with sensitivity and balance, as people in their own right, not just "the wife of..."

the wonder of new names: Giamatti; Goldstein; Stevens; Garner (nicknamed "Tex"); Taft. This is Yale? Where the tradition is interchangeable names like Kingman Brewster, Whitney Griswold...And add some more new names: Cabranes (General Counsel of the University) and two Associate Provosts named Ellen and Sherry...

President Giamatti is hard to describe. He's not tall, but seems taller. He's VERY quick, shrewd, smooth, human and humane. His eyes shoot fire (and, I suspect, ice). A contradiction in terms: a liberal arts, ivory tower intellectual of clean, pure academic touch; a pragmatist; a moral man; a diplomat, politician of extraordinary skill; a traditionalist of vision; a visionary with feet firmly on both Yale and New Haven soil; a learner and a leader. Drives a beat-up yellow Volkswagen bug. Mephistophelean beard.

the Provost, Abe Goldstein: the lawyer. Incisive; impatient with intellectual mediocrity; very patient with struggles to keep Yale's personal touch. A man whose ego is in place (read William Sloane Coffin's autobiography for some vignettes). Demanding, stretching.

Stevens, the new boy, the Vice President for Finance and Administration: if the President is quick, Stevens is supersonic. Like a fox, lithe and agile, both physically and in his thinking. Utterly fair.

There's a fresh new breeze blowing through Yale these days and it feels very nice.

Save These Dates

ALUMNAE WEEKEND

June 1st and 2nd

1979

Reunion classes are:

1929, 1934, 1939, 1944, 1949, 1954, 1959, 1964, 1969, 1974.

Deans I Have Known and Loved

- by Jean Barrett

It was my privilege to work under the leadership of the Yale School of Nursing's first five Deans and with the sixth as a fellow faculty member before her appointment to the deanship. Since my contact with each one was unique and close and her influence on my professional life profound, I dare to put my impressions on paper. There were those who knew each of the deans, individually, better than I. I therefore speak only for myself. Others had different relationships and no doubt saw different attributes. In general, however, I think we were all impressed by the same characteristics.

The alumnae of those early years have always known they had something very precious, very special. Today's graduates of the School also know the greatness of the YSN and are proud of their heritage. Recent graduates and today's students may be interested in knowing what the women who founded and developed the School were like, and how the Deans who followed have carried on the tradition of vision and excellence.

Dean Goodrich

Annie W. Goodrich was a petite lady with sharp, penetrating eyes and an infectious laugh that was almost a giggle. At School affairs as well as private gatherings, she was the center of a circle of adoring students and alumnae seated on the floor drinking in her wisdom, enjoying her wit and humor. She loved to tell jokes on herself -- such as the time she arrived at the mansion of the Lord Mayor of London for dinner and had to steadfastly refuse to let the butler take her cloak. It seems she had inadvertently gathered up her black taffeta petticoat which hung on the hook with her cloak, and didn't discover the fact until she was in the carriage and on her way. She carried both petticoat and cloak over her arm all evening.

Dean Goodrich also used to tell about the time she fell over backward when carrying her satchel going up on the escalator at Penn Station in New York City. According to her story, she decided not to try to get up until she reached the top. She lifted her head to see that her skirt was down and she looked respectable. Suddenly a man on the step behind her took her under the arms and stood her up; then, in an impatient voice, demanded, "Now give me that suitcase." On hearing that story, I wished I had had the opportunity to tell that man what an internationally known figure he was scolding.

Very early in my experience at Yale I was invited to be one of the chaperones at a School dance. Dean Goodrich, Miss Taylor, and Miss Powley, residence director at Nathan Smith Hall, were the main guests. Toward the end of the evening, after Dean Goodrich and Miss Taylor had gone home, I went for punch with one of the doctors. We arrived at the table just in time to see one of the interns trying to alert another to my presence and keep him from spiking the punch. Knowing that I needed to do something, I asked my escort to take me back upstairs. There I excused



Annie W. Goodrich

Portrait by Deane Keller

myself, and then told Miss Powley what I had seen, after which I promptly put the matter out of my mind -- until later!

At midnight I got into uniform and went to the hospital where I was being oriented to the night supervisor role. Before my arrival news of the punch incident had spread through the night medical and nursing staffs. A few days later I learned that Dean Goodrich had been in touch with Dr. Winternitz, Dean of the Medical School. She had asked to be the one to take up the matter with the young doctor involved and her request was granted. I heard nothing further about this matter from either Dean Goodrich or anyone else, but through the years as I observed that young intern grow to a prominent attending physician in the NHH, I wondered what he thought about Dean Goodrich and the way she handled the affair.

I know how she handled matters concerning me. I don't believe she ever quite forgave me for not being willing to teach ward management during summer school at the University of Colorado because I had plans to be with my sister, in Iowa, for the birth of her first baby. "Anyone can help with a delivery!" So thought the Dean. To her nursing profession and the YSN were all-important. No personal commitment should take precedence over their best interests.

On another occasion, while Miss Taylor was away and I was responsible for the nursing service in the hospital, I reported to Dean Goodrich as I had been told to do. Frankly, I felt no need to do so because I did not realize that the Dean had any responsibility for the hospital. However, I dutifully reported a problem with a head nurse -- a Yale nurse, as it happened -- and told the Dean



Effie Jane Taylor Portrait by Boris Kublanov

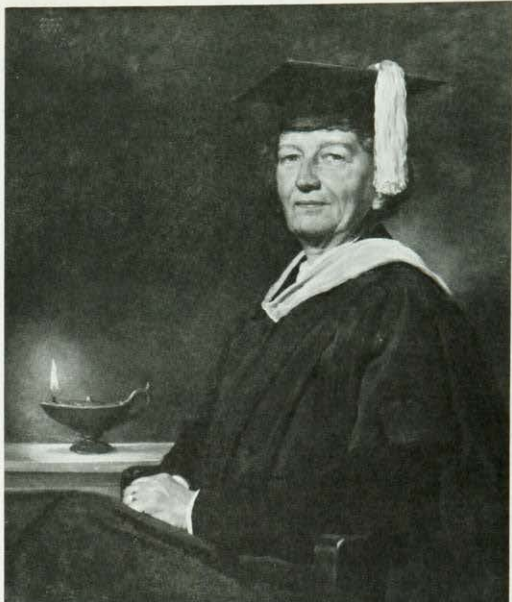
how I had handled the matter. Why hadn't I gone to her for help, she wanted to know. I should have bitten my tongue instead of replying that I thought the matter an administrative one, in other words it dealt with hospital business, not the School. That brought fire to her eyes. I was reprimanded for my handling of the incident. As a supervisor, instead of helping the head nurse see the error of her ways, I had criticized and reported her. Chagrined as I felt, I knew Dean Goodrich was right -- a supervisor is a teacher, not a disciplinarian. She was a great lady!

Dean Taylor

Dean Effie Jane Taylor was a reserved, rather stern woman yet warm and kind. She had strict ideas about the proper behavior for a nurse and a teacher. "A teacher does not go to a student's room to discuss School business." "Drinking alcoholic beverages is not permissible in a professional women's school, certainly not at YSN affairs sanctioned by the University."

Dean Taylor also had strong feelings about nurses' responsibilities: the director of nursing should wear a uniform on duty. She should make rounds to see patients every day. Her assistants also should make rounds so that each patient in the hospital would be seen daily by someone in nursing administration.

Although positive in her convictions and strict in her expectations, in my experience, Dean Taylor willingly listened to faculty and students and would see the reasoning behind their behavior, even when she did not agree with the judgment



Elizabeth Bixler Portrait by Deane Keller

used. She did not always insist that decisions be hers, but respected faculty opinion and at least at times would abide by their judgment against her own. In one such instance, an older student with many outstanding personal qualities was asked to leave the School against Dean Taylor's better judgment because the nursing arts faculty thought this nurse would never learn to organize her work nor gain manual dexterity. In later years when I had had more experience, I agreed with the Dean's judgment that skills should carry less weight than personal characteristics.

Dean Taylor was a well-organized person and expected things to go according to plan. Several of us wondered, therefore, what was going to happen when a young Chinese nurse who was two days late in arriving at the School for a period of observation on a carefully arranged schedule finally showed up. No word had been received about a delay or cancellation. When the visitor did arrive and was ushered into Dean Taylor's office, she bowed very low several times and said, "I'm so sorry, so sorry." The Dean melted, was charmed with the girl and had her schedule rearranged. This behavior was quite characteristic of the Dean although somehow it usually seemed to come as a surprise.

An early lesson learned from Dean Taylor when I went over to the School as a full-time faculty member was not to get chummy with students. Some students had developed a school-girl crush on their nursing arts instructor while I, never having experienced anything like that before, and being only a few years the senior of the students, responded to their show of affection. Dean Taylor accepted my explanation with understanding but went on to point out that my behavior was immature and un-

becoming, which it was!

On the whole, I felt Dean Taylor had confidence in me. However, I was not always comfortable with her whom I sometimes found unpredictable. I would go to her with a simple problem and frequently found my actions displeased her. I often wept in the face of her criticism and she was uncomfortable with tears. As I look back, I realize I was probably supersensitive because Dean Taylor's approval was very important to me. In many ways she treated me like a daughter and I think she thought of me in that way. On more than one occasion I heard her tell someone that she had "brought me up."

Dean Taylor's influence on nursing was international in scope, as was Dean Goodrich's. I did not know until many years after World War II the heavy correspondence Miss Taylor as President of the I.C.N. had maintained with countless nurses in all the war torn European countries on both sides of the conflict. These nurses found encouragement and comfort in Miss Taylor's letters and when the war was over the correspondence continued.

Dean Taylor also maintained contact with scores of Yale graduates. Even after her retirement she had a steady stream of visitors when alumnae returned to New Haven for Commencement, class reunions and Alumni Day.

Generous almost to a fault, Dean Taylor loved to give presents. At Christmas, especially, friends and co-workers each received a small gift. She contributed to many causes. I can still see her at the card table in her living room where she did much of her writing, making out checks for her favorite benevolences and expressing sadness because the amounts had to be small.

Dean Bixler

Elizabeth Bixler was the School's third Dean. Her appointment came as no surprise for it was commonly believed that Dean Goodrich and Miss Taylor had selected her for the deanship at the time of her admission to the School as a student. She came from an old, respected, New England family of educators and was a graduate of one of the elite colleges of the east -- a perfect choice! However, if Miss Bixler's heritage was the basis for her appointment as Dean, her background in no way made her condescending to those less fortunate or those who had had different opportunities. Each person -- applicant, student, faculty member -- was judged on her merits. Once when someone made a casual remark questioning the acceptance of a particular underprivileged applicant, Dean Bixler responded with a question, "Do we want a school with able students or do we want a Junior League?" This statement was typical of the woman I came to know and love.

Miss Bixler and I worked together in the hospital nursing service before either of us went over to the School. I replaced her as first assistant and while she left Yale for several years to administer the nursing service at Norwich State Hospital. Her appointment as Dean of the YSN several years later, again brought us together.

I did not stand in awe of Dean Bixler as I



Florence Schorske Wald Portrait by Deane Keller

had of her predecessors probably because we were more nearly the same age, we had worked together, and I was almost as experienced in administration as she. Likewise she was a very accepting person, trusting, and relaxed. I found her the easiest to work with of all the Deans. Dean Bixler seemed casual in her relationships although she did not accept her responsibilities casually. Easy to talk with, neither faculty nor students hesitated to discuss their problems with her.

When Miss Bixler became Dean the School was well established, renowned, recognized as outstanding, and unique. Dean Bixler's mission was to keep it thus. Soon, however, major changes began to take place in the nursing profession. Other University schools developed rapidly. The YSN was no longer looked upon as the precious jewel, the bright and shining light of nursing education. Instead, the National Nursing Accrediting Service, with far less vision than Yale's Deans, insisted that Yale conform to the League's criteria. It was only a matter of time until the unfortunate change in the relationship between the School and the hospital nursing service which had been so brilliantly conceived and so assiduously maintained, occurred, and was followed subsequently by the closure of the YSN basic program by the University administration.

Although I was no longer at Yale when these changes took place, I knew Dean Bixler well enough to understand the trauma she experienced and the dignified manner in which she bore the cross for the School.



Margaret Arnstein

Portrait by Deane Keller

Dean Wald

When I returned to the faculty of the YSN after a fifteen year absence, the basic program had been discontinued and Florence Wald was Dean of the School which offered three clinical programs for registered nurses and led to the MSN degree. Even though the Dean was the product of Yale's basic program, she had little support from the alumnae who, understandably, were unforgiving of the University for having changed the whole character of their School. Some graduates had faith in the new program, however, and confidence that the Dean and faculty would do all in their power to restore the School to its place of eminence and its position as pioneer and leader in nursing and nursing education. It was encouraging when nationally known and respected nurses visited the School and were high in their praise of the program with its emphasis on research in nursing practice.

Personally, I was impressed by Dean Wald's creativity and innovativeness. The faculty with which she surrounded herself was composed of almost as many non-nurses as nurses. Some were members of faculties of other schools in the University and brought breadth of viewpoint to the full time faculty. Dean Wald continuously sought out prominent individuals for short term appointments or visiting professorships -- persons who brought something special to the School. Research methodology was the primary focus of regular faculty seminars in which outside resource persons participated. From the beginning of the new program, research related to nursing care was required for



Donna Diers

Picture by J.D. Levine

both students and faculty. All were encouraged to write and publish the findings of their studies.

Dean Wald, always alert to opportunities to benefit the School and stimulate individuals, arranged leaves of absence for faculty members to carry out or complete important pieces of work. Faculty were encouraged to accept invitations for speaking engagements and workshops. I was continuously impressed by the Dean's long-sightedness, and admired her courage in putting forth her ideas and struggling to attain her goals. The result of her efforts, however, was a faculty of individuals whose ideas did not always harmonize with hers.

Mrs. Wald was the only Dean who was married during the term of her deanship. The loving support of her husband and family helped to get her away from the many problems which beset the new program. A loner by nature, she might not have used an assistant as a confidant had she had one, for Dean Wald was more comfortable discussing a problem with a person she believed would be helpful in a particular situation.

Dean Wald's outstanding contribution to Yale and the nursing profession was her recognition of the need for research by nurses into the effects of nursing care, and the nursing behaviors which make the difference between good, mediocre and poor nursing. With this philosophy the YSN again attained its place of leadership as advocate for the patient and pioneer in new ways to improve his care.

Dean Arnstein

Margaret Arnstein was appointed Dean of the YSN late in her career for the last five years before her retirement. Not since the days of Dean Goodrich and Dean Taylor had the YSN been headed by so experienced an administrator. Dean Arnstein was accustomed to working closely with a group of assistants and missed this association in her new position. After a few weeks as Dean she surprised me by asking that I be her assistant -- a position the YSN had never had. She felt the need of "someone with whom she could talk things over." I was the logical one to whom to turn since I had had considerable administrative experience and she and I were the same age. The result was that our relationship differed from that I had experienced with the other deans. This was the first time a dean had talked over all situations with me and asked my reactions and opinions.

In our professional relationship I found the Dean had a most comforting way of making me feel that my disappointing experiences were not earth-shattering, that she and others had suffered similar experiences.

Miss Arnstein was Dean during a period of great unrest throughout universities in this country. Everywhere faculty and students were demanding a bigger part in the decision-making process, challenging the right of administration to dismiss faculty members without greater opportunity for the member to defend himself. The School of Nursing at Yale did not escape these pressures.

Although such experiences were new to Dean Arnstein, she handled "crisis" after "crisis" calmly, wisely, and fairly. Faculty-student conferences were held to discuss grievances. The open door to the Dean's office and the opportunity to talk out problems unified the School and alleviated any feelings of ill-will.

Dean Arnstein was much loved by students and most of the faculty. The University and Medical School administration admired her and respected her opinions. She was consulted frequently on many subjects and was asked to serve on hospital and Medical School committees. In spite of this colleague relationship she had an uphill battle in getting medical staff cooperation with some programs of the School. She never gave up, however, and after my retirement and before her own death a year later, she was able to see the dreams of alumnae and present and past faculty members for a new basic program well on the way to fulfillment.

Dean Diers

The present Dean I knew first as a student in the MSN program, then as a fellow faculty member whose intelligence and fluency in expressing herself has always impressed and awed me. The only thing we had in common was our devotion to the School.

It was not until Donna Diers was appointed Dean a year after I retired, and we started corresponding, that I understood the depth of her caring for the School. I had felt she was too young and inexperienced for the position which I have always

revered as the highest to which any nurse could aspire. Her logical, creative mind I did not question for a minute. My doubts about her readiness for so great a responsibility vanished almost at once. One of the marvels to me has been the respect and praise the alumnae of the original basic program have lavished upon Dean Diers. Not one disparaging word have I heard from the many early graduates with whom I correspond.

Alumnae take pride in the leadership the Dean has given in the development of the new basic graduate program and in steering the School in an ever higher course during the first six years of her tenure. The YSN is maintaining its place of eminence on the national scene. Its innovativeness, as always, may raise a few eyebrows and provoke some concern among rigid conservatives, but as was true back in 1930 when I was at Teachers College, the YSN is looked upon with great admiration and probably not a little jealousy by other schools of nursing. The future for the YSN looks very bright indeed!



Jean Barrett, Professor of Nursing Emeritus, YSN; Honorary Member, YSN Alumnae Association

Jean Barrett is uniquely qualified to address the continuity of the School through its deans. In 1931, she was appointed second assistant to Miss Effie Taylor, who was then superintendent of nurses at the New Haven Hospital. During the same time she held a courtesy appointment at the School of Nursing, where she was an instructor from 1931-35, Assistant Professor from 1935-43, and Associate Professor from 1943-47. In 1962 Jean returned to YSN as Professor of Nursing and retired in 1971. She now lives in Oregon and alumnae who might wish to contact her may find her at 1080 Patterson St., Apt. 1103, Eugene, Oregon 97401.

Mrs. Mary C. Colwell
Yale School of Nursing Alumnae Association
855 Howard Avenue
New Haven, Connecticut 06520

Suggestions for AYA Representative

The Association of Yale Alumni (AYA) is made up of 380 representatives from undergraduate classes, from alumni clubs around the country, and from each of the professional and graduate schools, and 24 people who are appointed by the Board of Governors as at-large representatives. One YSN alumna is selected each year to serve a 3 year term. The Assemblies are held twice yearly (October and April), to study issues of concern to Yale and alumni, to make recommendations to the Corporation when appropriate, and members become a two-way communication system with their constituencies and the University. Each member works on one of the 19 committees. Our participation in the total Yale Community is important, and our representatives to date have done well in keeping YSN visible.

Eleanor Grunberg '46, Barbara Pratt '56, Ruth Benedict '48 have completed terms as YSN reps, and presently Jean Butler '50, Dorothy MacLennan '52, and Madelon O'Rawe Amenta '57 are official reps of the Nursing School. At the recent Assembly on October 19-21, there were more YSN nurses in attendance - Roz Ruggiero Elms '63 from the San Francisco area club, and Kathy Stone '77, an at-large representative, and Mary McClellan Lyons '51 who accompanied her husband who was the Kansas City Club rep. Mary Colwell '50 and Ruth Benedict also attended some of the events.

If any one is interested in being considered for this appointment for next year or future years, please write to the President of the Association, Penny Camp, or to Mary Colwell at the Alumnae Office, School of Nursing. It is an interesting adventure and well worth serious thought!

Please use the space below for comments and response - and return to Mary C. Colwell, Yale School of Nursing, 855 Howard Avenue, New Haven, CT 06520.

Mary C. Colwell
Yale School of Nursing Alumnae Association
855 Howard Avenue
New Haven, Connecticut 06520

Distinguished Alumna Award 1979 YSN

Once again we solicit your nominations of alumnae whom you feel should be recognized by receiving a distinguished Alumna Award from YSN. These would be presented at the Alumnae Weekend in June. New names will be considered along with those which we have received in past years. Below, we list the names of all alumnae who have received this award since this tradition was begun in 1973 at the time of the 50th Anniversary. These awards have become an exciting part of the Annual Alumnae Weekend.

Please include reasons for your nominations, and some information about the present status of your nominee. Use the back of this page - and return this form to Mary Colwell before May 1, 1979, c/o Yale School of Nursing, 855 Howard Avenue, New Haven, CT 06520.

Criteria for eligibility for nomination:

Achievement and outstanding contributions to any of the following categories:

- Teaching and scholarship
- Clinical Practice
- Leadership
- Research in clinical nursing
- Community/Society
- YSN Growth and Development

Explanation:

1. The achievement or contribution is beyond the normal expectations of the activity or position.
2. The achievement or contribution is unique and innovative having more than local impact.
3. Service to YSN/Community/Profession is continuous and sustaining.
4. The activity(ies) contribute(s) to the development of new dimensions and directions in nursing.

NOMINEE _____ CLASS _____

Your name _____ Class _____

Address _____

Telephone _____

USE BACK OF PAGE

Recipients of Distinguished Alumna Award

1973

Anna Ryle '33
Jeanne Michaels Radow '45
Margaret Mathews Field '44, '59
Helene Fitzgerald '26
Elizabeth Bixler Torrey '27
Elizabeth Smith Barnett '48

1975

Lucy Houghton Conant '50
Elizabeth Calhoun Logan '37
Janet Sanborn Hine '47W
Carolyn Ladd Widmer '29
Elizabeth Reichert Smith '45W

1977

Charlotte Houde '72
Kathleen Thornton '36
Eleanor Gill '38
Evelyn Sturmer '53

1974

Elizabeth Anne Kilroy Dolan '69
Drusilla Poole '47
Ruth Landau Benedict '48
Esther Luttrull '49

1976

Jean MacLean '33
Martha Jayne '36
Florence Schorske Wald '41, '56
Rhetaugh Dumas '61

1978

Angela McBride '64
Helen Sullivan Miller '57
Katherine Buckley Nuckolls '41
Eleanor F. Voorhies '40

REASONS FOR NOMINATION

Minority Recruitment

Sandra Nelson, Minority Affairs Coordinator

"The times are a-changing" and Yale School of Nursing is in the forefront in adapting its view to more fully address the social-political realities of the society. The Minority Affairs Program which officially began its work on July 1, 1978 is but one of the many firsts for Y.S.N. this year. As stated by the faculty, the ultimate mission of the school is that of contributing to better health care for all people, a commitment which prompted our concern about the lack of attention to recruitment of ethnic minority students at the Master's degree level. This concern increased as further examinations revealed only sparse numbers of graduating ethnic minorities from both baccalaureate and graduate nursing programs. Y.S.N.'s track record in this regard was also somewhat anemic including only 15 Black graduates among a total alumni body of 1700 by 1972.

In systematic attempts to redress these issues, the School adopted an Affirmative Action Program in December 1972. This was quickly followed by the establishment of the Recruitment Committee, a group designed to study the barriers to recruitment and retention of minority students and to develop a program to address the identified problems. Janice E. Ruffin, a former senior Black faculty member, served as the catalyst and was first chairperson for the Recruitment Committee. She was succeeded by Berta A. Mejia, Coordinator of the Child Psychiatry Track, who further identified the needs of Spanish Speaking minorities. The Recruitment Committee will now be integrated into the Minority Affairs Program and as such direct and indirect contact with nursing schools and organizations and participation at nursing conventions will continue.

Primarily the tasks of the Minority Affairs Program will be the recruitment of ethnic minorities, facilitation of the development of retention/support program as needed, and the facilitation of faculty's increased capacity to educate students for practice in a multi-racial/cultural society.

To date the program's recruitment efforts have been facilitated by an enthusiastic group of students and faculty. We have participated in the 6th National Black Nurses Association Convention, The National Association of Spanish Speaking-Spanish Surnamed Nurses and COSSMNO's National Hispanic Conference as well as trips to local career day programs. We have initiated contact with the American Indian Nurses Association and will be advertising nationally in magazines such as *Essence*, *Imprint*, *Black Collegian* and *Nuestro*. A Minority Affairs Recruitment booklet is in the planning stages and a mass mailing of information to nursing schools and organizations throughout the country is taking place.

The retention/support programs include tutorships in research, writing, etc. and are available to any student experiencing difficulty or wishing to develop more skill and understanding in a given area. At Y.S.N. ethnic minority is not synonymous with disadvantaged and we wish to clarify this point in the event that anyone was inadvertently

left with this impression after reading the article "Grant Supports Minority Recruitment" in the Fall, 1978 newsletter. The 20 ethnic minority students, as well as the student body in general, are representatives of Y.S.N.'s consistent efforts to recruit and admit the most highly qualified candidates. Y.S.N., we all know, remains firm to its standards of excellence, a commitment which would be sorely compromised if we began running rescue missions for any group.

In the year to come we will keep you abreast of the Minority Affairs Program's continued growth and development, a process which will hopefully result in new and interesting experiences for us all.

... "We're all Nurses!"

STATE BOARD EXAMINATION RESULTS
3 YEAR PROGRAM FOR NON-NURSE COLLEGE GRADUATES

- Ann Slavinsky '67
Chairperson 3 Year Program

Every fall, a strange obsession overcomes our faculty and students. For the past three years it has been possible to observe a curious festive ritual taking place in front of the YSN student mailboxes. Small groups gather there around mail distribution time. From time to time, an individual is approached and asked "Have you heard yet?" This continues until October for most, longer for a few. Finally, the day of glorious relief arrives when we hear that "Everyone's heard and everyone's passed. We're all nurses!"

Although it is probably quite irrational, faculty and students alike have worried each year: first, whether everyone would pass State Board Exams and second, would this class "do" as well as the previous ones. The truth is that our students have done wonderfully well each year. The most recent class (1979) to have taken Boards is a good example. Fourteen students took Boards in July, 1978, in three different states. The majority (11) of the students as usual, took their exams in Connecticut. Additionally, 2 students took them in New York State and 1 in Oregon; these 3 were employed as R.N.'s in these states for the time between when school got out for the summer vacation and September when they returned to Y.S.N. for their final year of study. Most of the 11 students taking Connecticut Boards were also employed as R.N.'s.

We have received student scores. These figures do not include all of the 14 students in the class of '79. We, as a school, do not receive State Board reports with individual student scores or State averages of performance from states other than Connecticut. As in the past, the group, as a whole, scored highest in obstetrical nursing and lowest in surgical nursing. Scores (means) were as follows:

X State Board Scores - Connecticut
Class of 1979 (n=11)

MED.	PSYCH	OBS	SURG.	NCH
584	597	650	561	617

These 11 students represented a variety of specialty areas, 5 midwives, 1 PNP, 5 FNPs, 2 psych. and 1 student with a combined major of midwife and PNP.

Not only have our students' scores been high, but they have consistently scored highest of all schools of nursing in the State of Connecticut. Students who have taken Boards out of state and who have shared their scores with us have scored in the same high range as their classmates in Connecticut.

Connecticut State Board Scores for 3 Classes

Class	\bar{X} State of Conn.	\bar{X} YSN in Conn.
1977 (n=11)	540 (n=39)	630.9 (n=11)
1978 (n=12)	523.7 (n=959)	615.8 (n=10)
1979 (n=14)	Not available until Dec.	601.8 (n=11)

In general, our students have done exceptionally well on the State Boards and have had little difficulty finding employment as graduate nurses during the summer between their first and second year of specialization. It is particularly heartening that this has been true out of State where we have had no influence in assisting students in finding jobs, as well as in Connecticut where our program is known.

Students have not required extensive additional preparation in general nursing beyond their first year curriculum previous to Boards. YSN faculty have offered a brief series of review sessions in the months before students take Boards as well as an opportunity to take NLN standard exams as a means of practicing their test-taking skills. Reviews most in demand by students are in Medical, Surgical and Psychiatric nursing. Most students feel least confident of their knowledge of surgical nursing.

If State Board Examination scores can be considered as a valid indication of nursing content before their final year of specialty preparation, we assume that we are indeed meeting our curriculum goal of building that specialty preparation upon a solid grounding in nursing.

School Activities

Financial Aid Report

Eight YSN students are recipients of National Health Service Corps Scholarships administered by the Division of Manpower Training Support, Bureau of Health Manpower, Health Resources Administration.

Although this program has existed since 1973, nurses were not eligible until last year. Scholarship covers full tuition and fees, educational expenses such as books and equipment, and supplies a monthly living stipend during period of full time study, in exchange for two years of service in full-time clinical practice providing services primarily to mothers and children in those states which have "Improved Pregnancy Outcome" projects.

Last year seven YSN students applied for and received awards, however only four actually accepted the award and its obligation. Beverly

Dixon, family nurse practitioner is now working in Washington, D.C. schools, Dolores Perteet a nurse-midwife is currently completing the requirements for her Masters in Public Health, and will be assigned to a position in Chicago in January. JoAnna Rorie, a nurse-midwife began her service obligation in July teaching at Georgetown University and doing clinical work in the University Hospital. Karen White, nurse-midwife is meeting her service obligation in Sioux Falls, South Dakota.

The current recipients are all members of the class of '81. Sharon Christopher is one of 10 community health nursing students throughout the country to receive the award. Deborah Disco is one of 18 nurse-practitioner students to be supported. Twelve awards were made nationally to nurse-midwifery students, and six of them are from Yale: Deborah Acker, Raymond Fellows, Nancy Loomis, and Beverly Wright in the two-year program - Karen Longo-Baldwin and Kathleen Ryerson from the three-year program.

Mary Ann Blaszkowski, R.N., of Enfield, a candidate for the Master's degree at Yale University School of Nursing, has received a \$200 Edith M. Pritchard Scholarship and a \$1,300 American Journal of Nursing Company Scholarship. Nurses Educational Funds is an independent organization which grants scholarships of its own and administers those endowed by other groups. All NEF grants are made to registered nurses for post-R.N. study in nursing.

* * * *

Program Changes

Four sub-specialties are now offered as part of the Medical/Surgical Nursing Program: cardiovascular nursing, cancer nursing, nephrology nursing and pulmonary nursing; it is expected that a sub-specialty in neurological nursing will be offered in September 1979...New courses in the Psychiatric/Mental Health Nursing Program include final year electives in Advanced Group Psychotherapy, a Psychotherapy Case Conference, and a new first year course, The Client in the Mental Health Care Delivery System. In addition, the Psychiatric Assessment and Therapies course has been completely revised to focus on clinical case material, presented by faculty. The course also includes new content on neurological assessment...The Pediatric Nursing Program's revised curriculum includes expansion of the primary care component with new courses in pediatric health assessment and clinical process. A special feature is a social work seminar as part of both the first and second year courses...

* * * *

A Different Note

The generosity of Gloria Clark '53 has provided YSN with a piano -- a lovely spinet, in excellent shape. David Johnson '80, Jake Weinstein '80 and Kathy Ryerson '80 arranged to pick up the piano in New York City at Gloria's home, and deliver it to the student lounge at YSN. It is already receiving a workout and the halls reverberate with everything from Scott Joplin to Chopin.

Yale University School of Nursing

FACT SHEET (Clip and Save)

Enrollment (1978-1979): 154 students

a) Two-year program breakdown:

	<u>Maternal-Newborn</u>	<u>Pediatrics</u>	<u>Psychiatric</u>	<u>Community Health</u>	<u>Medical-Surgical</u>
1st year	16	9	19	16	12
2nd year	11	7	18	11	10

b) Three-year program: 25 students in their first year

	<u>2 Year Program for nurses with Baccalaureate degrees</u>	<u>3 Year Program for non-nurse College Graduates</u>
Requirements & Credentials	Bacc. degree and RN, GRE aptitude tests, personal interview.	Bacc. degree (any major), GRE aptitude tests, personal interview.
Degree awarded	Master of Science in Nursing (MSN).	Master of Science in Nursing (MSN).
Nursing Specialties	Community Health, Maternal-Newborn, (including nurse-midwifery), Medical-Surgical, Pediatric, Psychiatric-Mental Health.	Community Health, Maternal-Newborn, (including nurse-midwifery), Medical-Surgical, Pediatric, Psychiatric-Mental Health.
Time involved	2 years, full-time, 5-day week, summer free - except for Child Psychiatry which includes summer clinical experience.	3 years, full-time, 5-day week, 1 summer semester at end of 1st year.
Tuition/year	\$4,700 (1978-1979)	\$4,700 for 1st 2 semesters, plus \$1,880 for summer session (1978-1979)
Deadlines for application	February 1st	November 30th
Notification of decision	April 15th	February 15th

Black, Spanish-speaking, Indian, Asian-American and other minority applicants are encouraged to apply. YSN is actively committed to increasing the numbers of minority persons in both the 2-year and the 3-year programs.

Transfers	YSN does not admit transfer students. Some have been admitted with advanced standing, but each must fulfill all YSN requirements.
Study load	Students must be able to handle graduate level courses in social and physical sciences. Emphasis is placed on development of clinical competence and research skills.
Housing	Each student arranges for own housing. Rooms are available in University housing, Sterling Dorm; many have own apartments in town.
Financial Aid	Because the University and School of Nursing resources are limited, applicants are urged to explore every possible source for financial assistance. The Graduate and Professional School Financial Aid Service (GAPSFAS) of the Educational Testing Service, is used to determine need: Box 2614, Princeton, N.J. 08540 or 1947 Center St., Berkeley, Calif. 94701.
Health plan	Every student is a member of the Yale Health Plan - a pre-paid health and medical service. Family members may be covered for an added fee.

YSN Honor Society

The Honor Society

will sponsor

"Health Planning at the Federal Level:
The Relevance to Practice"

Speakers: Donna Diers
Martha Mitchell

Tuesday, January 23, 1978

3:00-5:00 p.m.

YSN Room #1

All alumni are invited to join the newly created Yale Honor Society. The society's purposes are to:

- 1) recognize superior achievement in clinical practice
- 2) recognize the development of leadership qualities
- 3) foster high professional standards and
- 4) encourage creative scholarly work.
- 5) strengthen commitment to the ideals and purposes of the profession.

We are currently growing in membership and increasing the scope of our activities toward becoming an official chapter of the National Honor Society for Nurses, Sigma Theta Tau.

Any alumna interested in applying for membership, please write to Berta Mejia for an application at Yale School of Nursing, 855 Howard Avenue, New Haven, CT 06520.

* * * *

Faculty News

Martha Mitchell, Assistant Professor, received an award for Current Impact on Innovations in Health Care Delivery or Policy from the ANA Council of Advanced Practitioners in Psychiatric and Mental Health Nursing for her work on the President's Commission on Mental Health. She received the Distinguished Alumna Award from the Georgetown University School of Nursing, October 1, 1978.

Cornelia Porter, Assistant Professor, has been asked by the American Nurses Association, Division of Maternal Child Health Nursing and the Primary Care Council of the ANA to serve as liaison to the National Organization of Pediatric Nurse Associates and Practitioners (NOPNAP). Cornelia is also a speaker at the ANA Primary Care Council presentation on legal issues in nursing in San Antonio in November.

Anne Bavier, Assistant Professor, is serving on Sigma Theta Tau's national Eligibility and Chapter Development Committee.

Beckett Rodgers '72, Assistant Professor, is Director of the Spina Bifida clinic at Y-NHH.

New faculty at YSN include Patricia Brown, Ph.D., Lecturer in Child Psychiatric Nursing... Nancy Leake '77, Lecturer, Psychiatric Nursing and Psychiatric Nurse Practitioner, Dana Clinic, Y-NHH... Wendy Boniface is Instructor/Pediatric Nurse Practitioner and comes to YSN from McMaster University's Master of Health Science program...

Mary Cadogan, Instructor in Community Health Nursing has been appointed Family Nurse Practitioner at the Hill Health Center.

Dorothy L. Sexton, M-S Program Chairperson, is a member of the Division on Medical-Surgical Nursing Planning Committee for the ANA Conjoint Clinical Sessions to be held in Nashville, Tennessee, November, 1979.

Vicky Wirth '76, Instructor, MNN Program, is starting a jogging clinic for pregnant women shortly. Vicky is on the Board of Directors of Planned Parenthood... John Collins '72, Assistant Professor MNN Program, is giving a talk to the VNA in Norwich on the Role of the Public Health Nurse in Antepartum Care, and has been appointed to the Board of Directors of the CNA; John is also going to serve as a consultant to the Division of Maternal Child Health Nursing of the American Nurses Association to the Professional Examination Service Certification Board of the ANA on the development of certification examinations in maternal child health and perinatal nursing... Teri Stone, Instructor, MNN Program, will be giving a talk to 7th and 8th graders at the Roberto Clemente School on Child Development.

Ruth Knollmueller, Assistant Professor, C-H Program, participated at the American Public Health Association on October 16th in a presentation on "Collaboration of Service and Education in Community Health Nursing" sponsored by the Public Health Nursing section, and has been appointed by APHA president, John Romani, to the Program Development Board of APHA for a 3-year term.

Penny Pierce '75, Assistant Professor, Med.-Surg. Program, gave a presentation - "An Analysis of the Factors Describing Patients with End-Stage Renal Failure" at the First Annual Research Day, sponsored by Sigma Theta Tau, Mu Chapter, at the University of Connecticut on September 30, 1978... Dean Diers '64 was a speaker at the Bridgeport Hospital Centennial Celebration in Bridgeport, September 23rd.

Two new publications:

Flynn, Kathleen T. - "Iron Deficiency Anemia in the Elderly", *The Nurse Practitioner*, Vol. 3, No. 6, November-December 1978.

McCarthy, Patricia, "Geriatric Sexuality; Capacity, Interest and Opportunity", *Journal of Gerontological Nursing*, January-February 1979.

Alumnae News

Academy of Nursing Fellows

(From The American Nurse - ANA newspaper - September 15, 1978)

Two YSN alumnae were installed as 1978 fellows of the American Academy of Nursing.

Qualifications for admission to the academy include membership in the ANA; five years of professional experience excluding educational preparation; evidence of outstanding contributions to nursing; and evidence of potential to continue contributions to the profession.

Ada Hinshaw, Ph.D. '63, Associate Professor, Director of Research, College of Nursing, University of Arizona, Tucson.

Jean Johnson, Ph.D. '65, Professor and Director, Center for Health Research, College of Nursing, Wayne State University Detroit.

Class News

Edith Whitmore Wenmark '40 retired from position as director of Nursing Service at University of Missouri Medical Center in October. Plans to do staff nursing, part-time, in Foley, Alabama.

Dottie MacLennan '52 is consultant for NLN, Bacc. and Higher degree programs - commuting to New York City!

Ruth Elder '60, Acting Dean, SUNY at Buffalo (announced 9/78 American Association of Colleges of Nursing).

Anita Silberberg '72, had a son, October 13, 1978.

Suzan Boyd '73 received a Masters in Management Degree 8/78 from Simmons College.

Connie Fisher '73, recently started work as chief of nursing service at SCSC Health Services. Carol Garant '73 was recently certified for excellence in Clinical Practice in Psychiatric and Mental Health Nursing by the A.N.A. She has an article "Change - Making It Work For You" in a recent issue of Nursing Forum. She was one of the Clinical Practice Committee members of the Oncology Nursing Society who wrote the new standards (to be published in 1979). Other Yale people involved were chairperson Connie Donovan and Anne Bayer, both on Med-Surg. faculty, YSN.

Anne de Felippo '73 and Mary Ellen Erlandson-Maloney '74 are both attending Law School in Boston while continuing with their nursing jobs.

Terry Beck '74 is attending Law School at University of Memphis.

Penny Pierce '75 is a regional representative on the Program Committee planning for the 1979 Annual Meeting on April 18-19 of the A.A.N.N.T.

Cindy Finesilver '77 gave birth to a baby boy, Matthew, on November 7, 1978.

'78 graduates and what they're doing: Bunny Forget is clinical specialist in dermatology clinic, YNHH; Martha MacAloon at Rush-St. Luke's Presbyterian in Chicago; Elaine Lowrey at Bay State Medical Center, Springfield, Mass.; Ginny Fidrocki at New England Deaconess in Boston; Pat Trotta is clinical specialist in oncology nursing at the V.A. in Newton; Bill Blouin at the Southeast Neighborhood Health Center in Bridgeport; Pat Dahme at Western Psychiatric Institute and Clinic, Pittsburgh; Sasha Smith at Riverview Hospital (Connecticut Valley), Middletown; Michal Hellenbrand and Mary Lou Krebs at Fair Oaks Hospital, Summit, N.J.; Jane Milberg at the Yale Health Plan as pediatric nurse practitioner; Dolores Perette finishing her MPH at Yale; Judy Shindul at MacLean Hospital in Boston; Janet Taft, nurse midwife at the Community Health Care Plan, Long Wharf, New Haven; Clyde and Jo Sanchez, back in New Mexico; Jan McClintock at University of Wisconsin Hospital.

Ann Back works at C.M.H.C. in New Haven; Mary Chaucer-Hatton and Sara Gottlieb are instructors in MNN at YSN; Bev Dixon and JoAnna Rorie live in

Washington, D.C. and are fulfilling their obligations to the U.S.P.H.S.; Vicki Green is a CNM at Woman's Clinic in Durham, N.C.; Nancy Kraus is CNM and instructor at N.J. College of Medicine and Dentistry; Elizabeth Vitale is in Hartford at Community Health Services; Kathy Walker is CNM at University of Oregon; Karen White is CNM in Perinatal Project in Sioux Falls, S.D.; Harriet Fellows is a Clinical Specialist in Department of Psychiatry, at the Springfield Hospital.

Student News

Student Government Update

- Terry Fox, President '79

The most difficult part of writing this student government update is creating that catchy first line. After too many hours of searching, I have decided to just go ahead, and let you know what has been happening.

Remember how you had hoped for that magic source that could tell you in a flash where you could get a quick good dinner, how to find that article from the New Zealand Journal, where to call to get the nevus removed from your left cheek, and to keep smiling when the third revision of your thesis problem has just been rejected, and your significant other is away on a trip that you couldn't go on because you have to give a seminar the next day? Thanks to Sasha Smith and Nancy Grover and their committee, that magic source has been created -- The YSN Survival Kit. This handy book has been eagerly received by all the first year students.

Pat Minard '79, our vice-president, has been instrumental in creating and organizing informal student-oriented seminars dealing with such issues as adjusting to the role of graduate student and managing a family and a career. Future sessions will include discussions of political issues in both health and nursing. The purpose of these seminars is to provide an opportunity for both students and faculty to share experiences and concerns. In addition, it is hoped that such gatherings will promote more school unity.

Liz Yznage '81 has come up with yet another idea to promote the exchange of thoughts and experiences. She has organized a weekly sale of nutritious foods like fruits, cheeses, and home-made breads. Such delicious enticement will make it more enjoyable to have lunch at the School.

The enthusiasm and commitment of the students to generate a greater sense of school identity, unity and support is encouraging. We all have much to learn from each other. Let us listen...and learn.

* * * *

This past summer, two second-year students spent their summer working at the Los Angeles County/University of Southern California Medical Center. Yvonne Green, a second-year midwifery student, worked in the Delivery Room at the Women's Hospital. Deborah Welch, a second-year student in the Medical-

Surgical Program, was a clinical instructor in Oncology Nursing and taught an oncology core course to the staff nurses. They both were warmly welcomed by Fotine Drulias O'Connor, Class of 1955, who is the Director of Nursing there.

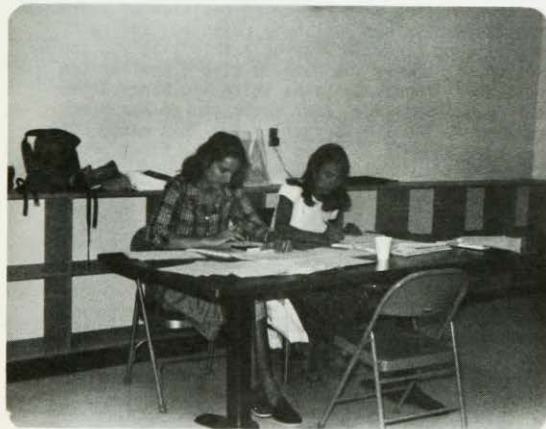
* * * *

Richard Jennings '79 has reported at a noon nurse-midwifery Grand Rounds on his summer experience at a Birth Center in Albuquerque.

Patricia Minard and Toni Tyndall have received word that they have successfully passed the Critical Care Nursing Certifying Exam. Pat and Toni are preparing as clinical specialists in nephrology and cardiovascular nursing respectively.

* * * *

Two students were research assistants working over the summer with faculty members, Derry Moritz and Nancy Hedlund. The project was to develop the research format for interviews with cancer patients on coping and adaptation. The study is funded by the National Cancer Institute. It is anticipated that this study may lead to further research about nursing practice with cancer patients.



Betsy Grieg and Lois Sadler - Class of 1979

NLN Fellowship in Public Policy

- by Martha Driessnack

For the past four years, the National League for Nursing (NLN) has provided an opportunity for nursing students to participate in health policy-making. The program - NLN Summer Study Fellowship in Public Policy - is sponsored by the Robert Wood Johnson Foundation. It is a means to increase the number of nursing leaders in Federal policy-making positions and awareness of the importance of nurse involvement in establishing policy, so that nursing can assume its proper role in shaping the future of health care in the United States.

Participants are chosen on a competitive basis

for their interest in health policy issues and their potential to use the experience in future careers. The application procedure involves a personal essay and a recommendation from the Dean. There are no interviews.

Last summer I was one of the ten NLN Summer Fellows and spent ten weeks in the office of the Executive Secretariat, Health Care Financing Administration. This office is primarily responsible for the development and tracking of regulations - rules that govern the administration of recently passed legislation. I was directly involved in the formulation of regulations accompanying the Rural Health and End Stage Renal Disease legislation. The office is also the right hand of HEW Secretary, Joseph Califano, Jr. Because of this, I was involved in many of his special initiatives; doing behind the scene research and directly reporting to him on CAT scanners, home health issues, Child Health Assessment Program (CHAP), and other issues.

To maximize the ten weeks in Washington, each of the Fellows shared their daily business and experiences with the others during informal evening sessions. This way I was able to learn about the workings of the Food and Drug Administration, the Congressional Budget Office, the Health Maintenance Organization office and the offices of Senators and Congresspersons. We also planned weekly evenings with Washington dignitaries we thought would be interesting to talk with.

It was a great summer to be in Washington. The Indians marched. The ERA extension supporters marched. The non-supporters marched. The chiropractors marched. And as I walked through the picket lines to work, I became so acutely aware of the many needs of people. I also became aware of the very strong impact we as nurses could and need to make in the Washington circle.

Yale Medical Center News

Frederick Leboyer At Medical Center November 7

The noted obstetrician Frederick Leboyer, who has delivered 10,000 babies since 1953, spoke and showed his three films on Tuesday, November 7th.

A graduate of the University of Paris, Monsieur Leboyer was appointed Chef de Clinique for 1954-55. The simple techniques he initiated for reducing the trauma of birth were used with the last 1,000 babies he delivered. His method is shown and described in the book and film "Birth Without Violence." M. Leboyer's second book and film, "Loving Hands," describes and shows the massage and manipulation of infants that is practiced by the mothers of India, and his most recent book and film, "Inner Beauty, Inner Light," explains the use of Yoga during pregnancy.

M. Leboyer's visit was sponsored by the Yale University School of Nursing, and was open to the Yale Community and the public.

Cancer Center

Excerpts from Y-NHH News

Yale-New Haven Hospital relies on this interdisciplinary team to share information about cancer cases so problem areas, whether they are medical or non-medical, receive prompt attention.

A patient undergoing chemotherapy will tolerate the drug much better if his diet is well balanced and he is eating well, for example. A mother confined to the hospital may find she is unable to cope with her illness and the pressure of being away from her husband and children.

"We spend a lot of time with them in patient education, making a psycho-social assessment," said Tish Knobf, R.N., Coordinator of the Chemotherapy Clinic. "We want to know, for example, what colon cancer has done to that person's life and done to the family."

Nurses are using their historic role as the patient's caretaker to develop broader responsibilities for making decisions that have a bearing on the treatment of cancer patients. Nursing research in cancer care is just coming to the forefront and a group of nurses at Yale-New Haven Hospital, affiliated with the Yale School of Nursing, are making significant contributions.

Currently Yale nurses are involved in a nutritional study with dietitians to determine what factors influence how people eat and how best to help people eat when they must also live with cancer.

Understanding the complexities of how people cope with the illness is also being studied and will contribute to cancer care. "The people in the field are the ones developing the knowledge," said Derry Mortiz, R.N., Clinical Nurse Specialist and Nurse Coordinator for the Comprehensive Cancer Center. "Clearly, we have affected the care of the patient."

"It takes real sensitivity on the nurse's part to assess how the patient is responding to the illness or treatment."

Four or five years ago there were no formal courses in cancer care at nursing schools but that situation is changing. Two large national groups -- the American Cancer Society and the Oncology Nursing Society -- are both showing an avid interest in encouraging cancer education in nursing schools.

Connie Donovan, R.N., another Clinical Specialist at Yale-New Haven Hospital, and Linda Humphrey, R.N., Inservice education instructor, collaborated to produce a 22-hour continuing education course for staff nurses on cancer that has been video taped for future use. An advanced series on nursing care for specific types of cancer is being prepared this year.

Nursing research is being spurred, indirectly, by the patients themselves who want more information about why a particular treatment is being prescribed, what the treatment will do to their bodies and how they can best cope under the circumstances. "We're dealing with a very sophisticated public," said Ms. Knobf. "They want to see the information in black and white. Patients ask very direct questions and want direct responses."

Joan Greening, R.N., Head Nurse on 7West, said the cancer nurse must first know herself "before

she can dispense empathy and understanding. A lot of thought goes into staff assignments so that we can provide continuity and develop a relationship with the cancer patient."

The hospital environment, that carries with it the reality that some cancer patients may die, leaves a lasting effect on the cancer nurse and most of them learn that the "quality of life, rather than the quantity of life," is more meaningful.

From The Editor

"...there is an element of confusion on my part as to the Campaign for Yale money and the Alumnae Fund money. I did receive a phone call asking for a pledge for the Campaign. I did think the alumnae fund giving was credited to the Campaign for Yale and was virtually one and the same -- but maybe I've been wrong..."

* * * *

Clarification:

This is really two questions and deserves two answers:

1. Are alumnae fund gifts (the annual appeal) credited to the Campaign for Yale?

Yes. During the years of the Campaign, all funds attributable to the annual alumni fund drive are counted in the Campaign totals and credited to the School of Nursing's part of the campaign.

2. What was the phone call all about, then?

In addition to the annual alumnae fund appeal, each alumna was contacted for a one-time-only capital gift. The phone calls or other contacts were spread out over the years of the Campaign, so that in one of those years, an individual would have been asked twice to give to the School -- once as part of the regular alumnae fund appeal, and once for a capital gift to the Campaign.

This "Campaign" contribution was a one-shot approach, and unless otherwise specified, all funds raised through these one-time appeals were credited to the endowment of the School.

Thus the Campaign and the alumnae fund are "one and the same" only in the sense that gifts through both channels are credited to the Campaign and the School. They are not the same in that the one-time phone call appeal goes into the endowment, while the annual alumnae fund gifts go into a discretionary fund in the School each year.

HOPE THIS HELPS?

NEEDLEPOINT

7 x 9 canvas with the Yale MSN seal stenciled on it, sample yarn colors with suggested amounts and instructions.

Cost: \$6.00 including mailing

To order: Make check out to: Yale School of Nursing

Send check and request to: Mary C. Colwell, Yale School of Nursing, 855 Howard Avenue, New Haven, Conn. 06520.

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